Fourth Annual Al Lindstrom

COLOSSAL CAVE 5K ROAD RACE

LOCATION:
Colossal Cave Mountain Park
16721 E. Old Spanish Trail, Vail, AZ

COURSE:
Starts at La Posta Quemada Ranch and continues through the Sonoran Desert with views of the mountains and the stone ramada at the Cave
Certification code: AZ08004 GAN

DIRECTIONS:
From East 22nd St. turn south onto Old Spanish Trail, follow for 17 miles to Colossal Cave Mountain Park
or
I-10 east from Tucson to exit 279 (Vail/Wentworth) turn north, follow signs for about 7 miles

Saturday, June 11, 2011

START TIME:
6:30 a.m.

FEATURES:
* Free entrance into Park
* Free Cave tour pass
* FREE Technical T-shirt if pre-registered by 5/29/11
*Awards to top three finishers in divisions
*$100 Prize money for course record
Men's Record - James Miles16:57
Women's Record - Everlyn Lagat 18:56
* USATF sanctioned/certified
* NEW *Computerized timing*
© * Eddie Bauer watches to overall Man/Woman
* Online registration provided by:

DAY OF RACE REGISTRATION:
5:30 - 6:15 a.m.

BIB NUMBER PICKUP:
5:30 - 6:25 a.m.

Cars must be in the park by 6:15 a.m.

BENEFITING:
The CCC Museum at Colossal Cave Mtn. Park and the Shyann Kindness Project

For more information about Colossal Cave Mountain Park visit: www.colossalcave.com

RACE DIRECTOR: Steve Taggart - taggrunningevents@yahoo.com or visit www.taggrun.com

Clip and mail today or register online at www.taggrun.com

Entry Form

Please mail completed entry form and fee to:

Tagg Running Events
P.O. Box 1029, Vail, AZ 85641

Al Lindstrom Colossal Cave 5K

Please bring new school supplies for Shyann Kindness Project "Back to School Drive"

Fee:(circle)

Received by 4/01 **$30**
Received 4/2 - Race Day **$35**

Donation $_____

Total $_____

Divisions: (check one)

M		W
☐	17 & ↓	☐
☐	18 - 24	☐
☐	25 - 29	☐
☐	30 - 34	☐
☐	35 - 39	☐
☐	40 - 44	☐
☐	45 - 49	☐
☐	50 - 54	☐
☐	55 - 59	☐
☐	60 - 64	☐
☐	65 - 69	☐
☐	70+	☐

Tagg Running Events
www.taggrun.com

Al Lindstrom Colossal Cave 5K Road Race • Saturday, June 11, 2011

Official use only ____

T-Shirt: Adult sizes (circle one) S M L XL XXL ($3.00 additional fee)
Free Technical T-shirt guaranteed if registered by 5/29/11

PLEASE COMPLETE ALL INFORMATION **- ONE FORM PER PARTICIPANT**

FIRST NAME ____ LAST NAME ____

M F BIRTHDATE (MM/DD/YY) AGE ON RACE DAY AREA CODE PHONE

( ) –

E-MAIL ADDRESS:

STREET ADDRESS APT. NUMBER

CITY STATE ZIP

WAIVER I hereby release the Colossal Cave Mtn. Park, Pima County, Tagg Running Events, USATF, and all municipal agencies whose property and/or personnel are used and other sponsoring or co-sponsoring company(ies), agency(ies), or individual(s) from responsibility or any injuries or damages I may suffer as a result of my participation in the Al Lindstrom Colossal Cave 5K and related events. I hereby certify that I am in good condition and am able to safely compete in this event. I will additionally permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, etc. and I also understand that the entry fee is non-refundable. As a participating athlete I certify that all information provided in this form is true and complete. I have read the entry information provided for the event and certify my compliance by signature below. Bib numbers are non-transferable.
IF ATHLETE IS UNDER AGE 18: This is to certify that my son/daughter has my permission to compete in the Al Lindstrom Colossal Cave is in good physical condition, and that race officials have my permission to authorize emergency treatment if necessary.

PARTICIPANT'S SIGNATURE (or parent/guardian if participant is under 18 years) Date

Make check payable to: Tagg Running Events